

PROGRAM TONGUE TIME 2026

January 15th-17th, 2026

Olma Messen, St.Gallen, Switzerland

Thursday, January 15th, 2026

7.30 AM

Hall 2.1 & hall 2.0

Door opening

8.15-8.45
AM

Hall 2.1

Welcome

Dr. Ralf Dornieden

8.45-9.30
AM

Hall 2.1

Foundations First, Futures Unfolding: Building Global Clinical Excellence in Frenectomies and Beyond

Dr. Raymond J. Tseng

9.30-10.15
AM

Hall 2.1

Fascia Freedom Function

Dr. Justin Roche & Kate Roche

10.15-10.45
AM

Networking & coffee break

10.45-
11.45 AM

Hall 2.1

Tongue Ties and Beyond: A Critical Look at Diagnosis and Treatment

Dr. Ankita Shah

11.45AM-
12.30PM

Hall 2.1

International consensus on tongue-tie assessment and treatment: a multidisciplinary Delphi-study

Dr. Sharon Smart

Business exhibition in hall 2.0

Thursday, January 15th, 2026

12.30-2.00
PM

Lunch break

2.00-3.00
PM

Hall 2.1

Tongue-Tie Update: How Oral Restrictions Impact Feeding, Speech, and Sleep Across the Lifespan
Dr. Richard Baxter

3.00-3.45
PM

Hall 2.1

Reconsidering Stuttering: How Breathing Dysfunction and Ankyloglossia May Contribute to Dysfluency
Linda D'Onofrio

3.45-4.45
PM

Hall 2.1

Unlocking Airway Health from Infancy: Recognising the First Signs, Preventing Lifelong Consequences
Dr. Shereen Lim

4.45-5.15
PM

Networking & coffee break

5.15-6.00
PM

Hall 2.1

Implications of Tongue and Lingual Frenulum Anatomy and Function for Tongue-Tie Management
Dr. Daniela Karall & Márta Guóth-Gumberger

6.00-6.45
PM

Hall 2.1

The integrative lingual functional frenuloplasty for children and adults: Incorporating Myofunctional Therapy, Craniopathy, and Collaboration with Medical Professionals
Dr. Milton Geivelis

6.45-7.30
PM

Hall 2.1

Round table: Release Techniques: Is There a Universal Gold Standard?
Attendees

Business exhibition in hall 2.0

Friday, January 16th, 2026

8.00-8.45 AM Workshops

Hall 9.0

Holistic Myo-Surgical Team Approach to Lingual Frenuloplasty in mixed aged groups

Dr. Anna Lichnowska &
Dr. Adrian Gnatek

Hall 9.0

Optimizing post-operative healing following frenectomy - Integrating Biologics and therapy for enhanced recovery

Dr. Suraj Vatish

Hall 9.0

Tongue-tie Management: The Surgeon's Role in a Collaborative Team - From Newborns to Older Patients

Dr. Eyal Botzer

Hall 9.0

Tbd

Tbd

Hall 9.0

The Joys and Challenges of Incorporating TOTS, Airway and Laser Procedures into Your Pediatric Dental Practice

Dr. Brynn Leroux

8.45-9.30 AM Workshops

Hall 9.0

Growing issues with tethered oral tissues: an embryological perspective

Dr. Kirsten Slagter

Hall 9.0

The big picture: it's all about structure, function and behaviour - airway risk assessment across different age groups

Dr. Christian Leonhardt

Hall 9.0

A functional and structural bodywork approach to infant tongue and oral ties

Polly Wilkie

Hall 9.0

Enhancing Dental sleep medicine and pain control in infant tethered tissue surgery: the role of acupuncture

Dr. Louis Chan

Hall 9.0

Automation: A New Therapeutic Goal in MFT - Achieving It Through the Integration of the Anesthetic Approach

Dr. Patrick Fellus

Business exhibition in hall 2.0

9.30-10.00
AM

Networking & coffee break

Friday, January 16th, 2026
Therapeutic Workshops
10.00 AM-12.30 PM

Hall 9.0

Why and How to Treat Tongue Tie and Syndromic Co-Morbidities: Ehlers-Danlos, Autism, & ADHD

Samantha Weaver

Hall 9.0

Unraveling Tongue-Tie: A Key to More Effective TMD Treatment

Sarah Hornsby

Hall 9.0

Preparing Toddlers, Parents and Special Populations for Lingual Frenectomy

Linda D'Onofrio

Hall 9.0

Cultivating Healthy Smiles: Nurturing Oral Health From the Start

Joy Lantz

Hall 9.0

Neuro-development & Airway Considerations for the Newborn to Precrawling Infant

Michelle Emanuel

Scissor Workshops
10.00 AM-11.15 AM

Hall 9.0

Infant assessment for oral restriction: The IBCLC's holistic perspective

Dr. Gina Weissman

Hall 9.0

How to treat tongue-tie by scissor frenotomy creating a diamond-shaped wound, no general anesthesia, no sutures and with gentle aftercare for positive functional outcomes

Dr. Daniela Karall & Márta Guóth-Gumberger

11.15 AM-12.30 AM

12.30-2.00 PM

Lunch break

Business exhibition in hall 2.0

Friday, January 16th, 2026

**2.00-2.45
PM Workshop**

Hall 9.0

Tied up in paediatric feeding disorder? A comfort-first approach to tethered oral tissues

Carly Veness

Hall 9.0

Unlocking Speech and feeding potential: the hidden influence of primitive reflexes and the tongue

Dr. Nada Makki-Karnib

Hall 9.0

The role of the IBCLC in the collaboration on pre-release care for tongue-tied babies

Jessica Altemara &
Tine Greve

Hall 9.0

From release to results: using myo, massage and manual therapy to enhance frenectomy results

Angie Lehman &
Stacey Steely

Hall 9.0

Breathing, chewing, and cranial growth: unlocking stability through airway and oral myo-functional awareness

Melissa Mugno

**2.45-3.30
PM
Workshop**

Hall 9.0

Beyond the Release: Untangling Oral Dysfunction, Postural Adaptations, and the Path to Rewiring the Nervous System

Dr. Jenna Davis

**3.30-4.00
PM**

Networking & coffee break

Business exhibition in hall 2.0

Friday, January 16th, 2026

4.00-6.00 PM Workshops

Hall 9.0 Advance- ments in A Functional Approach to Tongue-Tie, Myofunction- al Therapy, and Tongue Space: Insights from 7 Years of Clinical Research and Practice Dr. Soroush Zaghi	Hall 9.0 The Complete Guide to Tongue-Tie Treatment: Best Practices, Research, and Collaborative Care for Thriving Patients Dr. Richard Baxter	Hall 9.0 Trials, Tribulations and Triumphs: Teaming Up for Transforma- tive Tongue Tie Treatment Dr. Justin Roche & Kate Roche	Hall 9.0 From Seizures to Stability: Unpacking the Neurological Ripple Effect of Tie Releases Dr. Marjan Jones	Hall 9.0 A Lifespan Lens on Tongue-Tie: Functional Clues, Airway Health & Interdiscipli- nary Solutions Dr. Shereen Lim
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6.00-7.00 PM	Hall tbd Round table: Essential or Excessive? Rethinking Pre- and Post-Treatment Care Attendees
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Business exhibition in hall 2.0

Saturday, 17th January, 2026

Hall 2.1

**8.00-9.00
AM**

**Advancements in A Functional Approach to
Sleep & Breathing: Tongue-Tie, Tongue-Tone,
and Tongue-Space**
Dr. Soroush Zaghi

**9.00-10.00
AM**

Hall 2.1

**Maxillary Frenulum Dilemma: Current
Classifications and Clinical Guidelines**
Dr. Gina Weissman

**10.00-10.30
AM**

Networking & coffee break

**10.30-11.30
AM**

Hall 2.1

**Untethering Potential: Advancing Breastfeeding
Outcomes and Functional Health from Infancy
Onward**
Dr. Marjan Jones

**11.30-12.30
AM**

Hall 2.1

Round table: The role of collaboration
Attendees

**12.30-2.00
PM**

Lunch break

**2.00-3.00
PM**

Hall 2.1

Future Research

Business exhibition in hall 2.0

Saturday, 17th January, 2026

**3.00-4.00
PM**

Hall 2.1

**Understanding Tongue Mechanics Will Help You In
Your Clinical Practice**

Dr. Bobby Ghaheri

**4.00-4.30
PM**

Networking & coffee break

**4.30-5.15
PM**

Hall 2.1

**Minimizing Risks and Overcoming Challenges in
Frenectomy Procedures**

Dr. Maribel Santos-Cordero

**5.15-6.15
PM**

Hall 2.1

**An Expanded Definition of 'Core' –
The HypoGlossal Connection to Breath,
LumboPelvic Stability, and Arch Dynamics**

Tom Myers

**6.15-7.00
PM**

Hall 2.1

Round table: Conclusion

Attendees

7.00 PM

Hall 2.1

Closing

Business exhibition in hall 2.0